

# New baby?

Get free support from a Family Health Nurse.



**We offer free parenting support** services for families with young children.

**We come to you**— at home, at school, or at another place you choose.

**We provide:**

- Support during pregnancy and the early years of parenting.
- Ideas about how to care for and play with your baby.
- Information about how your baby is growing and developing.
- Ideas for connecting to community resources.



651-430-6655

[www.co.washington.mn.us/homevisits](http://www.co.washington.mn.us/homevisits)

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